## Claims

1. A method of treating an anxiety disorder selected from the group consisting of panic disorder, agoraphobia, obsessive-compulsive disorder, social phobia, post-traumatic stress disorder, and specific phobia, comprising administering an effective amount of at least one adenosine  $A_{2A}$  receptor antagonist to a patient in need thereof.

- 2. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a xanthine derivative or a pharmaceutically acceptable salt thereof.
- 3. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I):

$$\begin{array}{c|c}
X^2 & R^3 \\
R^1 & N & R^4 \\
X^1 & N & R^4
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

4. The method of treating an anxiety disorder according to claim 1 wherein the  $A_{2A}$  receptor antagonist is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^a$  represents formula (I-ii)

$$\begin{array}{c} O (CH_2)_m \\ O \\ R^6 \end{array} \hspace{0.5cm} \text{(I-ii)}$$

(in which R<sup>6</sup> represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$R^7$$
  $R^8$  (I-iii)

(in which at least one of R<sup>7</sup>, R<sup>8</sup> and R<sup>9</sup> represents lower alkyl or lower alkoxy and the others represent hydrogen; R<sup>10</sup> represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

5. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I-B):

[wherein  $R^{1b}$  and  $R^{2b}$  independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl;  $R^{3b}$  represents hydrogen or lower alkyl;  $Z^{b}$  represents substituted or unsubstituted naphthyl, or formula (I-ii)

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

- 6. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is (E)-8-(3,4-dimethoxystyryl)-1,3-diethyl-7-methylxanthine or a pharmaceutically acceptable salt thereof.
- 7. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (II):

$$\begin{array}{c|c}
 & \text{NHQ}^1 \\
 & \text{N}^{-N} \\
 & \text{R}^{13} \\
 & \text{R}^{12}
\end{array}$$
(II)

[wherein  $R^{11}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group;  $R^{12}$  represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group;  $R^{13}$  represents hydrogen, halogen or  $-WR^{14}$  (in which W represents -O- or -S-; and  $R^{14}$  represents substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $Q^1$  represents hydrogen or 3,4-dimethoxybenzyl], or a pharmaceutically acceptable salt thereof.

8. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (III):

$$\begin{array}{c|c}
 & NHQ^{1A} \\
 & N & N & N \\
 & N & N & N \\
 & N & N & N
\end{array}$$

$$\begin{array}{c|c}
 & R^{16} & N & N & N \\
 & N & N & N & N
\end{array}$$

$$\begin{array}{c|c}
 & R^{15} & N & N & N & N \\
 & N & N & N & N
\end{array}$$

$$\begin{array}{c|c}
 & R^{15} & N & N & N & N & N \\
 & N & N & N & N & N
\end{array}$$
(III)

[wherein R<sup>11A</sup> represents substituted or unsubstituted aryl, or substituted or unsubstituted heteroaryl; R<sup>12A</sup> represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or substituted or

unsubstituted heteroaryl; ml and nl are independently an integer of 0 to 4; Q1A represents hydrogen or 3,4dimethoxybenzyl; R15 represents hydrogen, substituted or unsubstituted aryl, a substituted or unsubstituted heterocyalic group, or  $-CR^{17}R^{18}R^{19}$  (in which  $R^{17}$ ,  $R^{18}$  and  $R^{19}$ independently represent hydrogen, hydroxy, substituted or unsubstituted lower alkyl, substituted or unsubstituted lower alkoxy, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyalic group; or R18 and R19 are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring); and R16 represents hydrogen, halogen, hydroxy, or substituted or unsubstituted lower alkyl], pharmaceutically · or a acceptable salt thereof.

9. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (III-A):

(wherein  $Q^{1A}$ ,  $R^{11A}$ ,  $R^{12A}$ ,  $R^{16}$ , ml and nl have the same meanings as defined above, respectively;  $R^{17a}$  represents hydroxy, hydroxyl-substituted lower alkyl, substituted or unsubstituted lower alkoxy, or imidazo[1,2-a]pyridyl; and  $R^{18a}$  and  $R^{19a}$  independently represent hydrogen, substituted or unsubstituted lower alkyl, or substituted or unsubstituted aryl; or  $R^{18a}$  and  $R^{19a}$  are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring), or a pharmaceutically acceptable salt thereof.

10. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (XII):

(wherein  $R^{54}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^4$  represents a single bond or -C(=0)-; and  $R^{55}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof. 11. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (XII-A):

(wherein  $R^{54}$  has the same meaning as defined above; n3 is an integer of 1 to 4; and  $R^{80}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

12. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (XVIII):

$$R^{82}-W^6-N$$

$$= N$$

$$N$$

$$N$$

$$= N$$

(wherein  $R^{81}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^6$  represents a single bond or -C(=0)-; and  $R^{82}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof. 13. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (XVIII-A):

$$R^{83}-N N-(CH_2)_{n4}-N N N-(CH_2)_{n4}-N N N-(CH_2)_{n4}-N N-(CH_2)_{n4}-N$$

(wherein  $R^{81}$  has the same meaning as defined above; n4 is an integer of 1 to 4; and  $R^{83}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

- 14. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is panic disorder.
- 15. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is agoraphobia.
- 16. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is obsessive-compulsive disorder.
- 17. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is social phobia.
- 18. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is post-traumatic stress disorder.
- 19. The method of treating an anxiety disorder according to any one of claims 1 to 13, wherein the anxiety disorder is specific phobia.
- 20. A method of treating an anxiety disorder, comprising administering an effective amount of a xanthine derivative represented by formula (I):

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

21. The method of treating an anxiety disorder according to claim 20 wherein the xanthine derivative is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^{a}$  represents formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & R^6
\end{array}$$
(I-ii)

(in which R<sup>6</sup> represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$R^7$$
  $R^8$  (I-iii)

(in which at least one of  $R^7$ ,  $R^8$  and  $R^9$  represents lower alkyl or lower alkoxy and the others represent hydrogen;  $R^{10}$  represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

22. The method of treating an anxiety disorder according to claim 20 wherein the xanthine derivative is a compound represented by formula (I-B):

[wherein R<sup>1b</sup> and R<sup>2b</sup> independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl; R<sup>3b</sup> represents hydrogen or lower alkyl; Z<sup>b</sup> represents substituted or unsubstituted naphthyl, or formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & R^6
\end{array}$$
(I-ii)

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

- 23. The method of treating an anxiety disorder according to claim 20 wherein the xanthine derivative is (E)-8-(3,4-d) dimethoxystyryl)-1,3-diethyl-7-methylxanthine.
- 24. The method of treating an anxiety disorder according to any one of claims 20 to 23, wherein the anxiety disorder is generalized anxiety disorder.
- 25. A method of treating an anxiety disorder, comprising administering an effective amount of at least one adenosine  $A_{2A}$  receptor antagonist in combination with an anxiolytic other than the adenosine  $A_{2A}$  receptor antagonist to a patient in need thereof.
- 26. The method of treating an anxiety disorder according to claim 25 wherein the adenosine adenosine  $A_{2A}$  receptor antagonist is a xanthine derivative or a pharmaceutically acceptable salt thereof.
- 27. The method of treating an anxiety disorder according to claim 25 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I):

$$\begin{array}{c|c}
 & X^2 & R^3 \\
 & X^1 & N & N \\
 & X^1 & N & N
\end{array}$$

$$\begin{array}{c|c}
 & X^2 & R^3 \\
 & N & N & N
\end{array}$$

$$\begin{array}{c|c}
 & R^4 & (I)
\end{array}$$

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

28. The method of treating an anxiety disorder according to claim 25 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^{a}$  represents formula (I-ii)

(in which R<sup>6</sup> represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$\mathbb{R}^7$$
  $\mathbb{R}^8$   $\mathbb{R}^{10}$  (I-iii)

(in which at least one of  $R^7$ ,  $R^8$  and  $R^9$  represents lower alkyl or lower alkoxy and the others represent hydrogen;  $R^{10}$  represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

29. The method of treating an anxiety disorder according to claim 25 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I-B):

$$R^{1b} \xrightarrow{N} \stackrel{Q}{\underset{N}{\bigvee}} \stackrel{R^{3b}}{\underset{N}{\bigvee}} Y^{1}$$

$$R^{2b} \qquad Y^{2}$$

$$(I-B)$$

[wherein  $R^{1b}$  and  $R^{2b}$  independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl;  $R^{3b}$  represents hydrogen or lower alkyl;  $Z^b$  represents substituted or unsubstituted naphthyl, or formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & (I-ii)
\end{array}$$

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

- 30. The method of treating an anxiety disorder according to claim 25 wherein the adenosine  $A_{2A}$  receptor antagonist is (E)-8-(3,4-dimethoxystyryl)-1,3-diethyl-7-methylxanthine.
- 31. The method of treating an anxiety disorder according to any one of claims 25 to 30, wherein the anxiety disorder is panic disorder, agoraphobia, obsessive-compulsive disorder, social phobia, post-traumatic stress disorder, generalized anxiety disorder or specific phobia.
- 32. A composition comprising an adenosine  $A_{2A}$  receptor antagonist and an anxiolytic other than the adenosine  $A_{2A}$  receptor antagonist.
- 33. The composition according to claim 32 wherein the adenosine adenosine  $A_{2A}$  receptor antagonist is a xanthine derivative or a pharmaceutically acceptable salt thereof.
- 34. The composition according to claim 32 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I):

$$\begin{array}{c|c}
R^1 & X^2 & R^3 \\
 & X^1 & N & N \\
 & X^1 & N & N
\end{array}$$

$$\begin{array}{c|c}
R^3 & & & & \\
 & N & N & N
\end{array}$$

$$\begin{array}{c|c}
R^4 & & & & \\
 & R^2 & & & \\
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

35. The composition according to claim 32 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^{a}$  represents formula (I-ii)

$$\begin{array}{c} O \\ (CH_2)_m \\ O \\ R^6 \end{array} \qquad \text{(I-ii)}$$

(in which  $R^6$  represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$\mathbb{R}^7$$
  $\mathbb{R}^8$  (I-iii)

(in which at least one of  $R^7$ ,  $R^8$  and  $R^9$  represents lower alkyl or lower alkoxy and the others represent hydrogen;  $R^{10}$ 

represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

36. The composition according to claim 32 wherein the adenosine  $A_{2A}$  receptor antagonist is a compound represented by formula (I-B):

$$R^{1b} \underset{N}{\overset{O}{\bigvee}} \underset{N}{\overset{R^{3b}}{\bigvee}} Y^{1}$$

$$R^{2b} \underset{Y^{2}}{\overset{V^{1}}{\bigvee}} (I-B)$$

[wherein R<sup>1b</sup> and R<sup>2b</sup> independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl; R<sup>3b</sup> represents hydrogen or lower alkyl; Z<sup>b</sup> represents substituted or unsubstituted naphthyl, or formula (I-ii)

$$- (CH_2)_m$$

$$R^6$$
(I-ii)

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

- 37. The composition according to claim 32 wherein the adenosine  $A_{2A}$  receptor antagonist is (E)-8-(3,4-dimethoxystyryl)-1,3-diethyl-7-methylxanthine, or a pharmaceutically acceptable salt thereof.
- 38. The method of treating an anxiety disorder according to claim 1 wherein the adenosine  $A_{2A}$  receptor antagonist is a triazolopyrimidine derivative or a pharmaceutically acceptable salt thereof.
- 39. An agent for treating an anxiety disorder selected from the group consisting of panic disorder, agoraphobia, obsessive-compulsive disorder, social phobia, post-traumatic stress disorder, and specific phobia, comprising a compound having adenosine A<sub>2A</sub> receptor antagonistic activity or a pharmaceutically acceptable salt thereof as an active ingredient.
- 40. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a xanthine derivative or a pharmaceutically acceptable salt thereof.

41. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I):

$$\begin{array}{c|c}
R^1 & X^2 & R^3 \\
 & X^1 & N & R^4 \\
 & X^1 & N & R^4
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

42. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^a$  represents formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & \\
O & \\
R^6
\end{array}$$
(I-ii)

(in which  $R^6$  represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$\mathbb{R}^7$$
  $\mathbb{R}^8$  (I-iii)

(in which at least one of  $R^7$ ,  $R^8$  and  $R^9$  represents lower alkyl or lower alkoxy and the others represent hydrogen;  $R^{10}$  represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

43. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I-B):

[wherein  $R^{1b}$  and  $R^{2b}$  independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl;  $R^{3b}$  represents hydrogen or lower alkyl;  $Z^{b}$  represents substituted or unsubstituted naphthyl, or formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & (I-ii)
\end{array}$$

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

44. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is (E)-8-(3,4-

dimethoxystyryl)-1,3-diethyl-7-methylxanthine or a pharmaceutically acceptable salt thereof.

45. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a triazolopyrimidine derivative or a pharmaceutically acceptable salt thereof.

46. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (II):

$$\begin{array}{c|c}
NHQ^1 \\
N & N \\
N & N
\end{array}$$

$$\begin{array}{c|c}
R^{13} & (II)
\end{array}$$

[wherein R<sup>11</sup> represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; R<sup>12</sup> represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; R<sup>13</sup> represents hydrogen, halogen or -WR<sup>14</sup> (in which W represents -O- or -S-; and R<sup>14</sup> represents substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and Q<sup>1</sup> represents hydrogen or 3,4-dimethoxybenzyl], or a pharmaceutically acceptable salt thereof.

47. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $^{\backprime}A_{2A}$  receptor antagonistic activity is a compound represented by formula (III):

$$R^{16} \xrightarrow{N} R^{10} R^{11A}$$

$$R^{15} \xrightarrow{N} R^{12A}$$

[wherein R<sup>11A</sup> represents substituted or unsubstituted aryl, or substituted or unsubstituted heteroaryl; R<sup>12A</sup> represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or substituted or

unsubstituted heteroaryl; ml and nl are independently an integer of 0 to 4; Q1A represents hydrogen or 3,4dimethoxybenzyl; R15 represents hydrogen, substituted or unsubstituted aryl, a substituted or unsubstituted heterocyalic group, or  $-CR^{17}R^{18}R^{19}$  (in which  $R^{17}$ ,  $R^{18}$  and  $R^{19}$ independently represent hydrogen, hydroxy, substituted or unsubstituted lower alkyl, substituted or unsubstituted lower alkoxy, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyalic group; or R18 and R19 are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring); and  $R^{16}$ represents hydrogen, halogen, hydroxy, or substituted or pharmaceutically unsubstituted lower alkyl], a or acceptable salt thereof.

48. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (III-A):

(wherein  $Q^{1A}$ ,  $R^{11A}$ ,  $R^{12A}$ ,  $R^{16}$ , ml and nl have the same meanings as defined above, respectively;  $R^{17a}$  represents hydroxy, hydroxyl-substituted lower alkyl, substituted or unsubstituted lower alkoxy, or imidazo[1,2-a]pyridyl; and  $R^{18a}$  and  $R^{19a}$  independently represent hydrogen, substituted or unsubstituted lower alkyl, or substituted or unsubstituted aryl; or  $R^{18a}$  and  $R^{19a}$  are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring), or a pharmaceutically acceptable salt thereof.

49. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XII):

(wherein  $R^{54}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^4$  represents a single bond or -C(=0)-; and  $R^{55}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof. 50. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XII-A):

(wherein  $R^{54}$  has the same meaning as defined above; n3 is an integer of 1 to 4; and  $R^{80}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

51. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XVIII):

$$R^{82}-W^6-N$$

$$= N$$

$$N$$

$$N$$

$$R^{81}$$

$$N$$

$$(XVIII)$$

(wherein  $R^{81}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^6$  represents a single bond or -C(=0)-; and  $R^{82}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof.

52. The agent for treating an anxiety disorder according to claim 39 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XVIII-A):

$$R^{83}-N N-(CH_2)_{n4}-N N R^{81} \qquad (XVIII-A)$$

(wherein R<sup>81</sup> has the same meaning as defined above; n4 is an integer of 1 to 4; and R<sup>83</sup> represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

53. An agent for treating an anxiety disorder, comprising a xanthine derivative represented by formula (I):

$$\begin{array}{c|c}
R^1 & R^3 \\
\hline
 & N & R^4
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

$$- \bigvee_{\substack{y^2 \\ y^2}}^{Y^1} \qquad \qquad \text{(I-i)}$$

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof as an active ingredient.

54. Use of a compound having adenosine  $A_{2A}$  receptor antagonistic activity or a pharmaceutically acceptable salt

thereof for the manufacture of an agent for treating an anxiety disorder selected from the group consisting of panic disorder, agoraphobia, obsessive-compulsive disorder, social phobia, post-traumatic stress disorder, and specific phobia.

55. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a xanthine derivative or a pharmaceutically acceptable salt thereof.

56. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I):

$$\begin{array}{c|c}
R^1 & R^3 \\
\hline
 & N & N \\
\hline
 & N & R^4
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof.

57. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I-A):

[wherein  $R^{1a}$  and  $R^{2a}$  independently represent methyl or ethyl;  $R^{3a}$  represents hydrogen or lower alkyl; and  $Z^a$  represents formula (I-ii)

$$\begin{array}{cccc}
O & (CH_2)_m \\
O & (I-ii)
\end{array}$$

(in which  $R^6$  represents hydrogen, hydroxy, lower alkyl, lower alkoxy, halogen, nitro or amino; and m represents an integer of 1 to 3) or formula (I-iii)

$$\mathbb{R}^7$$
  $\mathbb{R}^8$   $\mathbb{R}^9$  (I-iii)

(in which at least one of  $R^7$ ,  $R^8$  and  $R^9$  represents lower alkyl or lower alkoxy and the others represent hydrogen;  $R^{10}$  represents hydrogen or lower alkyl)], or a pharmaceutically acceptable salt thereof.

58. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (I-B):

[wherein R<sup>1b</sup> and R<sup>2b</sup> independently represent hydrogen, propyl, butyl, lower alkenyl or lower alkynyl; R<sup>3b</sup> represents hydrogen or lower alkyl; Z<sup>b</sup> represents substituted or unsubstituted naphthyl, or formula (I-ii)

$$- (CH2)m$$

$$R6$$
(I-ii)

(in which  $R^6$  and m have the same meanings as defined above, respectively); and  $Y^1$  and  $Y^2$  have the same meanings as defined above, respectively], or a pharmaceutically acceptable salt thereof.

- 59. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is (E)-8-(3,4-dimethoxystyryl)-1,3-diethyl-7-methylxanthine or a pharmaceutically acceptable salt thereof.
- 60. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a triazolopyrimidine derivative or a pharmaceutically acceptable salt thereof.
- 61. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (II):

$$\begin{array}{c|c}
 & \text{NHQ}^1 \\
 & \text{N} & \text{N} \\
 & \text{N} & \text{N} \\
 & \text{R}^{13} & \text{N} \\
 & \text{R}^{12} & \text{N} \\
\end{array}$$

[wherein R<sup>11</sup> represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; R<sup>12</sup> represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; R<sup>13</sup> represents hydrogen, halogen or -WR<sup>14</sup> (in which W represents -O- or -S-; and R<sup>14</sup> represents substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and Q<sup>1</sup> represents hydrogen or 3,4-dimethoxybenzyl], or a pharmaceutically acceptable salt thereof.

62. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (III):

$$R^{16} \xrightarrow{N} R^{11A}$$

$$R^{15} \xrightarrow{N} R^{12A}$$

$$R^{15} \xrightarrow{N} R^{12A}$$

$$(III)$$

[wherein R11A represents substituted or unsubstituted aryl, or substituted or unsubstituted heteroaryl; R12A represents hydrogen, halogen, substituted or unsubstituted lower alkyl, substituted or unsubstituted aryl, or substituted or unsubstituted heteroaryl; m1 and m1 are independently an integer of 0 to 4; Q1A represents hydrogen or 3,4dimethoxybenzyl; R15 represents hydrogen, substituted or substituted or unsubstituted unsubstituted aryl, a heterocyalic group, or  $-CR^{17}R^{18}R^{19}$  (in which  $R^{17}$ ,  $R^{18}$  and  $R^{19}$ independently represent hydrogen, hydroxy, substituted or unsubstituted lower alkyl, substituted or unsubstituted lower alkoxy, substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyalic group; or R18 and  ${\ensuremath{\mathsf{R}}}^{19}$  are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring); and R16 represents hydrogen, halogen, hydroxy, or substituted or a pharmaceutically or unsubstituted lower alkyl], acceptable salt thereof.

63. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (III-A):

(wherein Q<sup>1A</sup>, R<sup>11A</sup>, R<sup>12A</sup>, R<sup>16</sup>, m1 and n1 have the same meanings as defined above, respectively; R<sup>17a</sup> represents hydroxy, hydroxyl-substituted lower alkyl, substituted or unsubstituted lower alkoxy, or imidazo[1,2-a]pyridyl; and R<sup>18a</sup> and R<sup>19a</sup> independently represent hydrogen, substituted or unsubstituted lower alkyl, or substituted or unsubstituted aryl; or R<sup>18a</sup> and R<sup>19a</sup> are combined together with an adjacent carbon atom to form a substituted or unsubstituted carbon ring), or a pharmaceutically acceptable salt thereof.

64. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XII):

(wherein  $R^{54}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^4$  represents a single bond or -C(=0)-; and  $R^{55}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof. 65. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XII-A):

(wherein  $R^{54}$  has the same meaning as defined above; n3 is an integer of 1 to 4; and  $R^{80}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

66. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XVIII):

(wherein  $R^{81}$  represents substituted or unsubstituted aryl, substituted or unsubstituted cycloalkenyl, or substituted or unsubstituted heteroaryl;  $W^6$  represents a single bond or -C(=0)-; and  $R^{82}$  represents substituted or unsubstituted lower alkyl), or a pharmaceutically acceptable salt thereof. 67. The use according to claim 54 wherein the compound having adenosine  $A_{2A}$  receptor antagonistic activity is a compound represented by formula (XVIII-A):

$$R^{83}-N N-(CH_2)_{n4}-N N R^{81} \qquad (XVIII-A)$$

(wherein  $R^{81}$  has the same meaning as defined above; n4 is an integer of 1 to 4; and  $R^{83}$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group), or a pharmaceutically acceptable salt thereof.

68. Use of a xanthine derivative represented by formula (I):

$$\begin{array}{c|c}
X^2 & R^3 \\
R^1 & N & N \\
X^1 & N & N
\end{array}$$

$$\begin{array}{c|c}
X^2 & R^3 \\
N & N & R^4
\end{array}$$
(I)

[wherein  $R^1$ ,  $R^2$  and  $R^3$  independently represent hydrogen, lower alkyl, lower alkenyl or lower alkynyl;  $R^4$  represents cycloalkyl,  $-(CH_2)_n-R^5$  (in which  $R^5$  represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group; and n is an integer of 0 to 4) or formula (I-i)

(in which  $Y^1$  and  $Y^2$  independently represent hydrogen, halogen or lower alkyl; and Z represents substituted or unsubstituted aryl, or a substituted or unsubstituted heterocyclic group); and  $X^1$  and  $X^2$  independently represent 0 or S], or a pharmaceutically acceptable salt thereof for the manufacture of an agent for treating an anxiety disorder.